

SURGERY INFORMATION

LOCAL ANESTHESIA

Blaine Orthopedic Surgery Center

11225 Ulysses St. NE

Suite 300

Blaine, MN 55434

P: 763-302-2200

BlaineOrthopedicSurgeryCenter.com

SURGERY INFORMATION

Patient: _____

Surgeon: _____

Procedure: _____

IMPORTANT DATES AND TIMES

Date of Surgery: _____ AM: _____ PM: _____

* Arrival Time: _____

Date of Post-Op Appointment: _____

***Please Note:** The surgery center will call 2-days prior to your surgery date to give exact arrival time.

IMPORTANT INFORMATION



Please refrain from using alcohol within 24-hours prior to your surgery.
Failure to follow arrival times and all provided instructions may result in a delay or cancellation of your surgery.

Pre-Surgery Checklist (30 days prior to surgery)

- A **History and Physical Exam** with your Primary Care or Internal Medicine Physician is not required. Your surgeon will obtain your health history and perform a brief examination at the surgery center on the day of surgery.

** If you take Aspirin products or prescription anti-coagulants, please discuss a hold and resume plan.

- Complete an online medical history assessment. This must be completed in addition to the history and physical exam. You will receive an invite via text or email from **One Medical Passport**. If you need help with this process, please use the help link on the left side of the screen or **call (763) 302-2250 for assistance**.

Pre-Surgery Checklist (7 days prior to surgery)

- You may drive home from the surgery center.
- If you develop a sore throat, fever, cold, or infection please call the surgery center immediately.

Pre-Surgery Checklist (24 hours prior to surgery)

- There are no food or drink restrictions prior to surgery.
- Take the first of two pre-operative showers using Hibiclens or other anti-bacterial soap. See separate postcard "Pre-operative Shower Guide" for further instructions.

Pre-Surgery Checklist (day of surgery)

- Take the second pre-operative shower using Hibiclens or other anti-bacterial soap, following the same instructions as the first. Afterward, dry with a clean towel and put on clean clothing. Avoid applying lotions, powders, fragrance and hair products.
 - Please follow the plan for medication dosing as instructed by your Physician.
 - Wear your hearing aids, if applicable.
 - Bring your inhaler, if applicable.
 - Wear large, loose fitting clothing that you can easily take off and put on before and after your surgery. You may need to cover large bandages, slings or a cast. Be sure your clothing will accommodate your surgical dressing.
 - Bring your I.D. and Insurance Card(s).
 - Remove all jewelry (including piercings, watch, ring etc.) and leave valuables at home. There is a risk of bodily injury or property damage if these items are worn into the operating room.
 - Blaine Orthopedic Surgery Center does not have an on-site pharmacy. Be prepared to pick up prescriptions at your preferred pharmacy.
- Bring any durable medical equipment (crutches, boots, slings, etc.) that you may have received at
- your clinic appointment. Bring CPAP machine, if applicable.